

# SPIRUCAP

Spirulina Capsule 500 mg

**Natural Vitamin & Protein**



## Composition

Each capsule contains Spirulina dry powder 500 mg.

## Description

Spirulina is a blue-green algae. It is a worldwide popular food supplement. It is marketed as a nutritional supplement in the USA, Europe and Arabian countries.

## Pharmacology

A polysaccharide called calcium spirulan isolated from spirulina was found to inhibit a number of viruses. Spirulina protects against hepatotoxicity. The spirulina pigment phycocyanin has demonstrated antioxidant activity.

It scavenges peroxy radicals. The phycocyanin as well as other antioxidants, probably account for the hepatoprotective effect.

## Indication

- 1) Spirucap promotes formation and development of blood cells and thus effective in anemia.
- 2) It is hepatoprotective and hypocholesterolemic.
- 3) Spirucap helps to maintain healthy skin and slows aging process.
- 4) Spirucap is antiviral. It improves immunity.

## Side effect

There are a few reports of allergic reactions to spirulina-containing supplement. Occasional gastrointestinal symptoms, such as nausea have been reported.

## Contraindication

Spirucap is contraindicated in those who are hypersensitive to any component of the supplement.

## Use in pregnancy

There is no known restriction of the use of spirulina in pregnancy. Pregnant mothers should consult with the registered physician.

## Dosage

4 - 6 capsules per day or as advised by the registered physician.

## Storage

Keep out of reach of children.

Keep away from direct sunlight. Store in a cool and dry place.

## Supply

Spirucap 500mg capsule

Each box contains 4 x 10 = 40 capsules in Alu-Alu blister packs.