

# Mintek

Peppermint Oil 0.2ml Soft Gelatin Enteric Coated Capsule

**Botanical name : *Mentha arvensis***



**Composition :**

Each Soft Gelatin Enteric Coated Capsule Contains Peppermint Oil 0.2ml.

**Indication :**

Peppermint oil relaxes gastrointestinal smooth muscle and relieves flatulence and colic. It is also used in irritable bowel syndrome (IBS).

**Dosages & administration :**

Adult : One capsule three times daily for up to 2-3 months, increased to two capsules three times daily if necessary. The capsule should be taken half to one hour before taking food or as directed by a registered physician.

**Side effects :**

Heart burn, irritation, rarely allergic reaction including rash, headache, bradycardia etc.

**Use in pregnancy and lactation :**

There are no adequate and well-controlled studies in pregnant women. It is not known whether peppermint oil is excreted in human milk.

**Drug Interactions :**

Reaction may be more likely if peppermint oil is taken in conjunction with alcohol, enteric coated capsule containing peppermint oil should not be taken immediately after food or with antacid.

**Contraindications :**

Peppermint oil is contraindicated in patients who exhibit hypersensitivity to any component of this medication.

**Precautions :**

It is used in precaution in Gastroesophageal Reflux Diseases (GERD), Liver Diseases and Diabetic Mellitus.

**Storage :**

Keep out of reach of children. Keep away from direct sunlight. Keep store in a cool and dry place.

**Packing :**

Each box contains 5 x 10 = 50 soft capsules in blister pack.