

**Composition :** Each film coated tablet contains Calcium Orotate Dihydrate eq.to Calcium Orotate 400mg.

**Indications :** This medication is used-1. To prevent or treat low blood calcium levels. 2. To fulfill the calcium deficiency in conditions like, Osteomalacia, Drug induced osteoporosis (phenytoin, phenobarbital or prednisone), Rickets, Latent tetany, Pregnancy and lactation, Postmenopausal osteoporosis, premenstrual syndrome (PMS), senile osteoporosis, Hypoparathyroidism, juvenile osteoporosis, Hip joint plastic surgery. 3. It is also used number of inflammatory diseases like, Arthritis, Multiple sclerosis, Spondylitis. 4. It is also beneficial in reducing the effects of mood swings. 5. Proved to be quite effective in cognitive enhancement. 6. Protects the heart by enhancing the efficiency of cardiac muscles.

**Dosage and administration :** As an addition to the daily diet, 2-3 tablets are usually recommended with meal Or, as directed by the registered physician.

**Contraindications :** It is contraindicated in conditions like kidney stone, kidney disease, increased activity of the parathyroid gland, high amount of calcium in urine, high amount of calcium in the blood, extreme loss of body water.

**Side effects :** Common side effects of calcium orotate are bloating and swelling in the abdomen, loss of appetite, upset stomach, constipation, nausea, vomiting, headache, increased thirst/urination, may occur infrequently.

**Precautions :** Before taking calcium,

## Caldil-OT Tablet

precaution is needed if the patient has any allergies. Precaution is needed before using this product in kidney disease, kidney stones, little or on stomach acid (achlorhydria), heart disease, disease of the pancreas, a certain lung disease (sarcoidosis), difficulty absorbing nutrition from food (malabsorption syndrome).

**Use in pregnancy and lactation :** Women who are pregnant and breast-feeding need more calcium. Pregnancy related high blood pressure is a common and serious risk for women and their babies and taking supplemental forms of calcium orotate can help reduce this risk.

**Drug interactions :** Calcium can decrease absorption of the following drugs when taken together: biphosphonates (e.g.alendronate), quinolone antibiotics (e.g.ciprofloxacin, levofloxacin) and tetracycline antibiotics (e.g.doxycycline, minocycline), levothyroxine, phenytoin (an anticonvulsant) and tiludronate disodium (to treat Paget's disease).

**Packing : Caldil-OT :** 3x10's tablets in blister pack.