

PALMETTO

Saw palmetto 500 mg

Botanical name : *Serenoa repens*

A Natural Solution of BPH



Composition :

Each capsule contains Saw palmetto (*Serenoa repens*) fruit 500 mg.

Description :

Saw palmetto (*Serenoa repens*) fruit is most commonly used to treat problems related to Benign Prostatic Hyperplasia (BPH). Multiple mechanisms of action have been proposed and Saw palmetto appears to possess 5-alpha reductase inhibitory activity (thereby preventing the conversion of testosterone to dihydrotestosterone). Estrogenic effects as well as direct inhibitory effects on androgen receptors and anti-inflammatory properties have also been reported.

Indication & Uses :

Urination problems in benign prostatic hyperplasia stages I & II.

Side effects :

Stomach problems in rare cases.

Contraindications :

No absolute contraindication.

Dosages & administration :

1 to 2 gm (2-4 capsules) in divided doses daily or as advised by the registered physician.

Drug interactions :

It is believed to exert estrogen, androgen and alpha - adrenergic blocking effects. Because of this, the use of hormones, hormone like drugs or adrenergic drugs concomitantly may need to be adjusted.

Storage :

Keep out of reach of the children. Keep away from direct sunlight. Store below 25' C in a dry place.

Packing :

Each box contains 8 x 4 = 32 capsules in Alu-Alu blister pack.